

Scriptures to Remember When You're Feeling Anxious

Cast all of your anxiety upon Him, because He cares for you.

1 Peter 5:7

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Isaiah 41:10

Peace is what I leave with you; It is my own peace that I give you. I do not give it as the world does. Do not be worried and upset; Do not be afraid.

John 14:27

I can do all things through Christ which strengthens me.

Philippians 4:13

For God has not given us the spirit of fear; but of power, and of love...

2 Timothy 1:7

Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.

Matthew 11:28-30

Trust in the Lord with all your heart, and do not lean on your own understanding

Proverbs 3:5